

SEFEL NEWSLETTER

Welcome!

Dear SEFEL Subscribers,

Since launching our updated SEFEL website, we are so happy to have built a network of educators, parents, home visitors, clinicians, early intervention providers and program leaders (now almost 300 of you!) – all engaged in work to support the social and emotional development of young children and families. This newsletter, in addition to the resources on our website will offer a platform for engagement and exchange of ideas, materials and successes. Here you will find updates and information about innovative practices in SEFEL across the state and county as well as resources and news items related to social and emotional development and supports for young children and families.



We are very proud of the dedication that providers and educators have had to the SEFEL Pyramid Model in our state of Maryland and hope that this newsletter offers another way to connect and build on that work. If you have an item or news to share, please email Paola @ paola.andujar@ssw.umaryland.edu. Thank you for your continued engagement!

Please enjoy the first of our monthly SEFEL newsletters!

Sincerely,

Tresa Hanna
Program Developer
Maryland State Department of Education

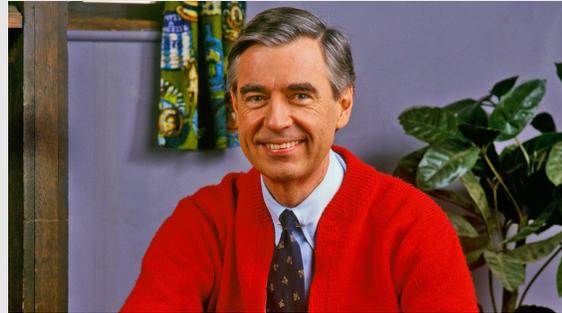
Celebrating the Legacy of America's Pediatrician

Dr. T. Berry Brazelton, the renowned pediatrician who transformed the way we understand infants' development, has passed away at the age of 99. Dr. Brazelton helped influence the return of practices such as natural childbirth and breastfeeding, as well as attachment-focused parenting, all of which lead to healthier outcomes for both children and their parents. Additionally, Dr. T. Berry Brazelton was a passionate advocate for parental leave and family-centered legislation.



Happy 90th Birthday Mister Rogers!

"Play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood."



March 20th would've marked the 90th birthday of the beloved Mister Rogers

April is Child Abuse Prevention Month

Don't forget to wear your blue ribbon!



Source: www.preventchildabuse.org

Sensory-Friendly Films for Autism Awareness Month

AMC Theatres (AMC) and the Autism Society have teamed up to bring families affected by autism and other disabilities a special opportunity to enjoy their favorite films in a safe and accepting environment on a monthly basis with the "Sensory Friendly Films" program. In order to provide a more comfortable setting for this unique audience, the movie auditoriums will have their lights brought up and the sound turned down, families will be able to bring in their own gluten-free, casein-free snacks, no previews or

Early Childhood Health and Wellness News

- **No Downturn In Obesity Among U.S. Kids, Report Finds**
<https://www.npr.org/sections/health-shots/2018/02/26/587985555/no-downturn-in-obesity-among-u-s-kids-report-finds>
- **More U.S. Babies Dying of Suffocation, Often in Bed**
<https://www.reuters.com/article/us-health-infants-suffocation/more-u-s-babies-dying-of-suffocation-often-in-bed-idUSKCN1G31YK>
- **Communities Promote Coverage of ACEs & Resilience**
<http://marc.healthfederation.org/shining-spotlight-communities-promote-coverage-aces-resilience>
- **Study of First-Graders Shows Fetal Alcohol Spectrum Disorders Prevalent in U.S. Communities**
<https://www.nih.gov/news-events/news-releases/study-first-graders-shows-fetal-alcohol-spectrum-disorders-prevalent-us-communities>
- **Babies with Opioid Withdrawal Might Do Better Outside the ICU**
<https://www.reuters.com/article/us-health-newborns-neonatal-abstinence/babies-with-opioid-withdrawal-might-do-better-outside-the-icu-idUSKBN1FP2QG>
- **USPSTF Recommends Screening for Syphilis in Pregnancy**
<http://www.physiciansbriefing.com/Article.asp?AID=730818>
- **Brief Questionnaire Aids Autism Diagnosis**
<https://psychcentral.com/news/2018/02/06/brief-questionnaire-aids-autism-diagnosis/132201.html>
- **Preemies Get a Slow Start on Friendships**
<https://consumer.healthday.com/pregnancy-information-29/premature-birth-news-774/preemies-get-a-slow-start-on-friendships-730886.html>
- **U.S. Progress Against Sleep-Related Infant Deaths Is Stalling**
<https://www.reuters.com/article/us-health-infants-sids/u-s-progress-against-sleep-related-infant-deaths-is-stalling-idUSKBN1FW29R>
- **Labels on 'Toddler Drinks' May Be Misleading Customers, Study Says**
<http://abcnews.go.com/Health/labels-toddler-drinks-misleading-customers-study/story?id=52973965>
- **Study Links Unhealthy Segregated Neighborhoods to Childhood Asthma**
<https://www.sciencedaily.com/releases/2017/08/170807111454.htm>
- **Many Parents in the Dark on When Kids Should First See a Dentist**
<https://consumer.healthday.com/dental-and-oral-information-9/misc-dental-problem-news-174/many-parents-in-the-dark-on-when-kids-should-first-see-a-dentist-731181.html>

Highlights

SEFEL OMS Release 1.0 is now live!
[Visit the SEFEL Outcomes Monitoring System \(OMS\)](#)

Maryland's Early Childhood Mental Health Consultation Project 2018 Legislative Brief
ECMHC 2018 Legislative Brief

This legislative brief describes the outcomes of the early childhood mental health consultants activities entered into the OMS system for the 2016-2017 fiscal year indicating general improvements in classroom climate and teacher and parent reported behavior after consultation.

Maryland SEFEL Pyramid Model Master Cadre
Maryland SEFEL Pyramid Model Master Cadre Overview

This year Maryland, with guidance from the National Pyramid Consortium, launched a cadre of the state's expert trainers and coaches in the SEFEL Pyramid Model to support best practice

implementation across the state.

Goal of the Cadre: Our goal is to build and grow capacity and fidelity to the SEFEL Pyramid Model across the state. This Cadre follows a model replicated in other states facilitated by the National Pyramid Consortium to develop a statewide network of experts in the Pyramid Model and invest in their ability to support the early childhood workforce, young children, and families in a variety of settings.

Cadre Objectives: *Individualized agendas will be developed for each webinar with cadre member attendance taken each time.*

- Review Practice Based Coaching and discuss Master Cadre Member's implementation of the model within their SEFEL work
- Hear from Pyramid Consortium Leadership on SEFEL Training & Coaching Fidelity Measures
- Review data entry and management into the OMS System
- Discuss local and state mechanisms for Pyramid Model training and coaching sustainability

Build-A-Policy: Positive Behavioral Practices

Approved T-POT Assessors

The T-POT is the SEFEL Fidelity Tool.

View those who have taken the T-POT training and are reliable in the tool.

If you believe you are reliable in the T-POT but your name is not on the list please contact piec@ssw.umaryland.edu. Also contact us if you have any questions.

Mental Health Consultation Tool Kit

The Infant/Early Childhood Mental Health Consultation (I/ECMHC) Learning Module

Visit our Website

<https://theinstitute.umaryland.edu/sefel/>